



# ST MICHAEL'S PARISH

A DIVERSE SPIRITUAL COMMUNITY IN ACTION

MARCH 01, 2020

FIRST SUNDAY OF LENT



©IPPC

## Pastoral Staff

**Rev. Msgr. Anselm I. Nwaorgu**, *Pastor*  
**Rev. Camilo Lopez**, *Parochial Vicar*  
**Rev. Charles B. McDermott**, *Pastor Emeritus*  
**Deacon Michael Cavallo**, *Permanent Deacon*  
**Mrs. Marilynn Dragone**, *Coordinator of Religious Education*  
**Mr. Philip Matrale**, *Pastoral Associate for Youth Ministry*  
**Mr. Peter Petrecca**, *Music Director*  
**Ms. Fran Engleman**, *9:00 am Choirmaster*  
**Mr. Patrick B. Phillips**, *12:00 Noon Choirmaster*  
**Mrs. Rebekah Scicolone**, *Principal*

**SACRAMENT OF PENANCE** Saturday 1:00 pm - 2:00 pm  
**PASTORAL CARE OF THE SICK**

Notify a priest of all who are hospitalized or home bound

### SACRAMENT OF BAPTISM

Baptisms: 2nd Sunday of the month at 1:30 pm  
 Baptism preparation: 2nd Friday evening at 7:30 pm  
 Call parish office to register (908-688-1232)

**SACRAMENT OF MARRIAGE** Contact a priest at the parish at least no less than eight months prior to booking your wedding date.

### ORDER OF CHRISTIAN INITIATION FOR ADULTS

Adults wishing to join the Catholic Church or who are baptized but have not made their First Communion/Confirmation should please contact the parish office for full information and guidance.

### PARISH RELIGIOUS EDUCATION PROGRAM (CCD)

Grade 1-8 religious formation for First Penance and First Communion please call the Parish Religious Education office (908-964-0965).

### YOUTH MINISTRY

A comprehensive youth program for all teens from 9th to 12th grade. Our program prepares teens for Confirmation, promotes growth in Catholic values and morals, provides opportunities for Christian service and offers positive social activities.

For further information call the Youth Ministry Office.

### PARISH MEMBERSHIP

All parishioners need to be registered.  
 Please call the Parish Office for registration or information.

## Mission Statement

St. Michael the Archangel Parish is dedicated to growing disciples, drawing people to Christ and making church and worship matter. We do this through our liturgical worship, the proclamation of the Good News, and living out our stewardship of time, talent, and treasure.

## Mass Schedule

### SUNDAY

5:30 pm (Saturday Evening)  
 7:30 am, 9:00 am, 10:30 am, 12:00 Noon

### DAILY

**Monday ▶ Friday:**

7:00 am, 8:30 am, 12:00 Noon

**Saturday:** 8:30 am

**Holy Days:** Announced in the bulletin

## Address

1212 Kelly Street, Union, New Jersey 07083

## Telephones

**Rectory/Parish Center:** 908-688-1232  
**Rectory/Parish Center Fax:** 908-810-1076  
**School:** 908-688-1063  
**Religious Education Office:** 908-964-0965  
**Youth Ministry Office:** 908-686-3762  
**Email:** stmichaelunion@comcast.net  
**Stay Connected:**

[www.stmichaelunion.org](http://www.stmichaelunion.org)

[stmichaelparishunion](https://www.facebook.com/stmichaelparishunion)

[stmichaelunion](https://twitter.com/stmichaelunion)

[stmichaelchurch](https://www.instagram.com/stmichaelchurch)

## Devotions

### EUCCHARISTIC ADORATIONS

Every 1st Sunday and 1st Friday 6:30 pm

### DEVOTION TO OUR BLESSED MOTHER

UP CLOSE AND PERSONAL

Wednesdays 7:00 pm - 8:00 pm

### BIBLE STUDY

Tuesdays, 1st, 2nd and 4th 7:00 pm

### BOLD AND CATHOLIC REFLECTION

3rd Saturdays 9:00 am

### ADVENT REFLECTION

Every Saturday of Advent 9:00 am

### LENTEN REFLECTION

Every Friday of Lent 7:00 pm

Every Saturday of Lent 9:00 am

## Wellness Ministry

### Dance & Wellness Classes

Saturdays 9:30 am, Mondays 7:00 pm

## Masses Intentions and Readings

<b>Saturday</b> 5:30 pm	<b>February 29</b> Lydia Jover
<b>Sunday</b> 7:30 am	<b>March 1</b> For the Parishioners
9:00 am	Jose Isirio Torres
10:30 am	Kristen Espeleta (Living) -Thanksgiving
12:00 Noon	Craig Calix (Living)
<b>Monday</b> 7:00 am	<b>March 2</b> Mark & Margaret McGurgan
8:30 am	Anthony Walano
12:00 Noon	Craig Calix (Living)
<b>Tuesday</b> 7:00 am	<b>March 3</b> Nora & Mike Forde
8:30 am	Juan Espeleta, Sr. (2nd Ann.)
12:00 Noon	Craig Calix (Living)
<b>Wednesday</b> 7:00 am	<b>March 4</b> Novena of Masses
8:30 am	Aloysius Odoemene (19th Ann.)
12:00 Noon	Craig Calix (Living)
<b>Thursday</b> 7:00 am	<b>March 5</b> Adelina C. Badiola
8:30 am	Novena of Masses
12:00 Noon	Craig Calix (Living)
<b>Friday</b> 7:00 am	<b>March 6</b> Angela Publico
8:30 am	Serapio Dagat (39th Ann.)
12:00 Noon	Craig Calix (Living)
6:30 pm	First Friday Adoration Mass
<b>Saturday</b> 8:30 am	<b>March 7</b> Craig Calix (Living)
5:30 pm	John & Anna Puschak
<b>Sunday</b> 7:30 am	<b>March 8</b> Ali A. Damestani
9:00 am	Robert Daniel Pfarr
10:30 am	For the Parishioners
12:00 Noon	Thomas Canavan (10th Ann.)

### ALTAR OFFERINGS

**The Altar Bread, Altar Wine & Sanctuary Lamp offered for Craig Calix (Living).**

## First Sunday of Lent

### Hymnal # 1016

#### First Reading

*Genesis 2:7-9; 3:1-7*

Eve and Adam eat from the tree that was forbidden to them by God.

#### Responsorial Psalm

*Psalm 51:3-4,5-6,12-13,17*

A prayer for mercy

#### Second Reading

*Romans 5:12-19*

Through the obedience of Jesus, many will be made righteous. (shorter form: Romans 5:12,17-19)

#### Gospel Reading

*Matthew 4:1-11*

Jesus fasts for 40 days in the desert and is tempted by the devil.

## Message From Our Pastor

### DEVOTION TO THE SACRED HEART OF JESUS

In the past few weeks, I have devoted this column to creating awareness and revitalizing Catholic devotions in our parish. Devotions, as you know have deep and powerful roots in Catholic spirituality and they are heavily loaded with heavenly graces. Millions of people over the ages have found spiritual strength and growth by making various devotions part of their prayer routine. In this week's column, I would like to focus on a tremendously powerful devotion—The Devotion to the Most Sacred Heart of Jesus.

The devotion to the Most Sacred Heart of Jesus is one of the most well-known and most widely practiced Catholic devotions of all times. This devotion centers on the physical Heart of Jesus as a symbol of God's boundless and passionate love for humanity. On December 27<sup>th</sup>, 1673, Jesus, in an apparition to St. Margaret Mary Alacoque told her that His Divine Heart is so passionately inflamed with love for humanity. He charged her to spread this devotion so that people may receive and be enriched with its precious treasures of sanctifying and salutary graces that are necessary to guard us against the abyss of ruin." In 1675, during the octave of Corpus Christi, St. Margaret Mary Alacoque received a vision which came to be known as the "great apparition" in which Jesus asked that His Sacred Heart be celebrated each year on the Friday following Corpus Christi, in reparation for the ingratitude of men for the sacrifice which He had made for them. In 1856, Pope Pius IX made the feast of the Sacred Heart into a universal celebration to be celebrated on the 19<sup>th</sup> day after Pentecost, the Friday following the Feast of Corpus Christi as Christ had requested. In 1899, Pope Leo XIII consecrated the world to the Sacred Heart of Jesus and every Pope, ever since, has exhorted the faithful to turn to the Sacred Heart for needed graces.

During the Angelus on June 5<sup>th</sup> 2005, Pope Benedict XV had this to say: "In biblical language, "heart" indicates the center of the person where his sentiments and intentions dwell. In the Heart of the Redeemer we adore God's love for humanity, His will for universal salvation, His infinite mercy. Practicing devotion to the Sacred Heart of Christ therefore means adoring that Heart which, after having loved us to the end, was pierced by a spear and from high on the Cross poured out blood and water, an inexhaustible source of new life".

I don't know where life is with you at this moment, but I can tell you that no matter where it is and what it may be, bringing it to the Sacred Heart of Jesus is a sure source of hope.

**Continued on Next Page**

## Message From Our Pastor

Our Lord, in His apparition to St. Margaret Mary Alacoque revealed these 12 promises with regard to devotion to the Sacred Heart.

1. I will give them all the graces necessary for their state in life.
2. I will establish peace in their families.
3. I will comfort them in their trials.
4. I will be their secure refuge during life, and, above all, in death.
5. I will shed abundant blessings on all their undertakings.
6. Sinners will find in My Heart an infinite ocean of mercy.
7. Lukewarm souls will become fervent.
8. Fervent souls will rapidly grow in holiness and perfection.
9. I will bless every place where an image of My Heart shall be exposed and honored.
10. I will give to priests the gift of touching the most hardened hearts.
11. The names of those who promote this devotion will be written in My Heart, never to be blotted out.
12. I promise thee, in the excessive mercy of My Heart, that My all-powerful love will grant to all those who receive Holy Communion on the First Friday of nine consecutive months, the grace of final penitence; they shall not die in My disgrace nor without receiving their Sacraments; My Divine Heart shall be their safe refuge in this last moment.

Therefore, I passionately and truly encourage all our parishioners to develop an immense interest in the devotion to the Sacred Heart of Jesus. As a parish, we practice this devotion every First Friday of the month with adoration and benediction. We know that whenever there has been a Eucharistic miracle, the matter of the Eucharist has always been scientifically found to be muscle tissue from the Heart. The Holy Eucharist is the Body, Blood, Soul, and Divinity of Our Lord Jesus Christ. Therefore in Adoring the Holy Eucharist, we also adore the Heart of Jesus the Christ. Our Sacred Heart devotion is pretty "Up-close and Personal". The prayers and intercessions are constructed in such a way as to speak to our emotions, our fears, and our needs. In order to make sure our members are disposed fully to benefit from the 12<sup>th</sup> promise, we will now begin our Sacred Heart Devotion with a novena Mass at 6:30pm to give everyone the opportunity to receive communion during this devotion. It is my prayer that you will find in this devotion a tremendous source of spiritual and temporal graces.

*Msgr. Anselm*

## Weekly Calendar & Stewardship of Treasure

### Sunday

9:00 - 10:00 am  
9:00 am  
10:15-11:00 am  
6:30-8:00 pm  
Girl Scout Cookie Sale, after all Masses

### Monday

8:00 am  
12:00 Noon  
3:30-4:30 pm  
7:00 pm

### Tuesday

8:00 am  
7:00 - 8:15 pm  
7:30 pm  
7:00 pm  
7:00 - 8:30 pm

### Wednesday

8:00 am  
7:00 pm

### Thursday

8:00 am  
7:30 pm

### Friday

8:00 am  
6:30 pm

### Saturday

9:30 am  
11: am

### Sunday

9:00 - 10:00 am  
10:15-11:00 am  
Girl Scout Cookie Sale, after all Masses

### March 1

RCIA Class, Murphy Room  
Family Mass, Church  
Religious Education  
First Sunday Adoration, Church  
Girl Scout Cookie Sale, after all Masses

### March 2

Rosary, Church  
St. Michael's Senior Meeting, LC  
Religious Education  
Parish Council Meeting, Murphy Rm

### March 3

Rosary, Church  
Religious Education  
Contemporary Choir Practice  
Bible Class, Rectory  
CYO, LC

### March 4

Rosary, Church  
Our Lady Devotion, Church

### March 5

Rosary, Church  
Choir Practice, Church

### March 6

Rosary, Church  
First Friday Mass, Adoration,  
Stations of the Cross, Lenten Talk

### March 7

Dance & Wellness, LC  
Eucharist Preparation-Teaching  
Mass, Church  
Confession, Church

### March 8

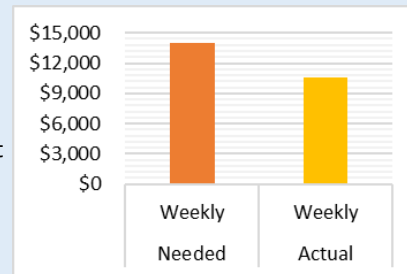
RCIA Class, Murphy Room  
Religious Education  
Girl Scout Cookie Sale, after all Masses

## STEWARDSHIP OF TREASURE

"Give and gifts will be given to you ...the measure with which you measure will in turn be measured out to you." Luke 6:38

2/23/2020	Needed Weekly	Actual Weekly	Deficit Weekly
Collection & SOS	\$13,925	\$10,581	(\$3,345)

As you can see what we needed to cover the cost of our operations this \$13,925. actually re-\$10,581, so short \$3,345. consider what do to help deficit.



week is  
What we  
ceived is  
we are  
Do please  
you can  
cover this

## "SOS COLLECTION"

On the first weekend of each month, the first collection is the "SOS" collection. This collection is dedicated specifically for our utility bills and emergency Church repairs.

The next SOS collection is the weekend of March 7 & 8, 2020.

Thank you for blessing our Church.

## Adorations, Devotions & Reflections

### Adoration

**March 1, 2020** 6:30 pm - 8:00 pm  
1st **Sunday** Eucharistic Adoration

**March 6, 2020** 6:30 pm - 8:00 pm  
1st **Friday** Eucharistic Adoration.  
Mass: 6:30pm. Adoration & Stations of the Cross: 7:00-8:00 pm

### Devotions

**March 4, 2020**  
4th Wednesday Marian Devotion  
**Our Lady of Guadalupe 7:00 pm - 8:00 pm**

**March 11, 2020**  
1st Wednesday Marian Devotion  
**Our Lady of Fatima 7:00 pm - 8:00 pm**

**March 18, 2020**  
2nd Wednesday Marian Devotion  
**Our Lady of Perpetual Help 7:00 pm - 8:00 pm**

**March 25, 2020**  
3rd Wednesday Marian Devotion  
**Immaculate Heart of Mary 7:00 pm - 8:00 pm**

### Bible Classes

All Bible Classes on Tuesday at 7:00 pm, March 3, 10, 24 and 31 at the Rectory

### Lenten Reflection

On Saturday during Lent at 9:00 am - February 29, March 7, 14, 21, 28, April 4

## Prayer to St. Michael

St. Michael the Archangel, defend us in battle. Be our defense against the wickedness and snares of the devil. May God rebuke him, we humbly pray; and do thou, O Prince of the heavenly hosts, by the power of God, cast into hell Satan, and all the evil spirits, who prowl about the world seeking the ruin of souls. Amen.



## MINISTRY Information

### ALTAR SERVERS SCHEDULE

Time	Feb. 29 – March 1 1 <sup>st</sup> Sunday of Lent	March 7-8 2 <sup>nd</sup> Sunday of Lent
5:30 pm	Alyssa De la Cruz Alexis Artiga Blanca Salas Mariana Salas Ana Ruiz	Angel Rodriguez Jonathan Rodriguez Morgan Labranche Jerome Fernandez Jianna Fernandez
7:30 am	David Bernot Cherry Vibar Jarlene Estopia	Uguchi Adibemma Uzonna Adibemma
9:00 am	Megan Felix Aidan Perez Jewelz Massicot Joshua Laube Nicholas Laube	Jean Felix Alisha James Justin Gawel Nathan De Guzman
10:30 am	Joshua Estoque Ryenne Ramah Kamsi Emeh Carmella Mendoza Ian Galing	Johnnuel Magno Aidan Perez Samuel Ilagan Joshua Omoruyi Samuel Nnadi Precious Nnadi
12:00 noon	Lance Fernandez Aimee Cabatu-Panlilio Reginald Mondesir	Ginika Ozurumba Gabriel Castano David Punzalan

### MAINTENANCE COMMITTEE

The Church is in need of people who can help out in the snow shoveling of the church property during major snow storms. Snow shovelers will be paid an hourly rate. For more information, please contact Tiago at [stmichaelproperty@yahoo.com](mailto:stmichaelproperty@yahoo.com)

### CYO/YOUTH MINISTRY News

[cyouunion@aol.com](mailto:cyouunion@aol.com)



**DON'T MISS IT!!!** We have a very special night planned for Tuesday March 10<sup>th</sup> as we welcome back World Renowned speaker **JUSTIN FATICA** and his Hard as Nails Ministry Team as our guest! Justin's Topic this year will be "You're Amazing! God Made You Good!" and is sure to have a message for all of us. This special night will run from 7 to 9pm! Doors will open at 6:30.

This is a great night to bring someone new to CYO and everyone is welcome. There will also be Hard As Nails T-Shirts, Caps, books, DVDs etc on sale after the presentation.

## MINISTRY Information

### RELIGIOUS EDUCATION OFFICE HOURS

Hours for the Religious Education Office are Monday through Thursday from 9:00 a.m. until 4:00 p.m. Other hours are available by appointment.

Contact Coordinator: Marilyn Dragone at (908) 964-0965.

We can also be reached via e-mail at [smccd@comcast.net](mailto:smccd@comcast.net)

**FIRST COMMUNION STUDENTS REMINDER:** The Teaching Mass will be held on Saturday, March 7<sup>th</sup> at 11:00 a.m. **This is a required event.** Children cannot attend alone.

### RICE BOWLS

Rice Bowls are available in the Church. Please consider taking one and donating to the missions that help people throughout the world.

### ST. MICHAEL'S SENIOR NEWS

St Michael's Senior Club will meet on Monday, March 2<sup>nd</sup>. Doors will open at 11:30 for coffee and social time. Our general meeting will begin at 12 Noon in the lower church.

**Guest Speaker-** Vincent Smith, Health Educator, Horizon BCBS. Topic Senior Jeopardy.

#### Upcoming Events:

**March 18<sup>th</sup>** Luncheon at The Brownstone featuring the Feast of St. Joseph. Reservation and payment can still be made at the March 2<sup>nd</sup> meeting.

Remember the '**Penny Jar**' to support parish initiatives.

Membership extended to those 55 and over.

### SOCIAL MINISTRY

#### SR. ANN'S FOOD PANTRY

Please consider donating some canned or non-perishable food items so we can help feed those in need. Food may be dropped off at the Church or at the Parish Center. Thank you!

**Our next food pantry day is Tuesday March 17**, at the Parish Center located on Orange Avenue from 9:30 am until 1:00 pm.

### ST. MICHAEL'S CHURCH MUSIC MINISTRY

St. Michael's Church offers a variety of musical styles at the following masses:

**Saturday, 5:30 pm and Sunday, 10:30 am**

Traditional and Contemporary Music

**Sunday, 9:00 am and 12 noon**

Gospel/Contemporary Worship Music

The 12:00 Noon Contemporary Band and Choir is looking for volunteers who can play the bass, guitar or sing.



**Rehearsals: 7:30 pm on Tuesdays** in the Church. Contact: Patrick B. Phillips at [patrickphillips96@gmail.com](mailto:patrickphillips96@gmail.com)

## NOVENA of Masses

### MARCH 2020

Ann L. Corrigan	Jose J. Arnaldo
Jurusik & Arner Families	Alejandro T. Cruz
Mary & Idolo Russomano	John & Augusta Mahon
George Rinehart	James Ford Sr.
Roger Boetsch	Special Intentions
Micheline & Joseph Kmetz	Craig Calix (Living)
Donna Hornig	Leopold Enwonwu
Pierre & Rubinetti Families	Frank Rubinetti, Sr.
Louis Sauro	Luigi Sauro
Jennie "Pat" Pruszkowski	Rev. Matthias Conva
Raizza Jean Gonzales (Living)	Susan De Jesus
Kathleen Turner (Living)	All Souls in Purgatory
Ann Marie Bentivegna (1st Ann.)	
Donna Davidson (1st Ann.)	
George Sr., Ruth & Barbara Rinehart	
Deceased Members of the Galgo Family	
Living & Deceased Members of the Santoriello Family	
In thanks for God's blessings on the USA	
Living & Deceased Members of the Pruszkowski, Endler, Hornig & Macecsko Families	
Living & Deceased Members of the Czapla, Leniart & McMahan Families	
Patsy Scalgione & Deceased Family Members	
Special Intentions for the Nwosuh & Odoemene Families	
Lucila Sousa Araujo and Manuel Pereira Araujo	
Living & Deceased Members of Araujo, Pais & Cadenas Families	

### PRAYERS OF HEALING FOR,

Please remember in your prayers all those who are sick especially Fr. Lawrence Murphy, Joanne Kalkus, Terry & Tony Russo, Joanne Milana Doman & Joseph Doman, Rakoczy Family, Mary Ann Flynn, Joyce Toth, Brian Phillips, Lucille Arnaldo, Barbara Lombardi, Manuel Crudo, Josephine Steinberg, Julia Astsalk, Frances Machado, Flossie Abrigo, Roselle Roux, Amanda D'Amato, Richard Abrigo, Jean Claude, Claubette Kallabeen, Carol Czapla, Stephen Czapla, Clarence Roberts, Thomasina Rodriguez, Harry Vendemia, Iluminda Duyan, Ruth Guido, Henry Cababe, Joseph Guid, Salve Ching, Maria Santiago, Dr. Vic Tan, Sam Vincent Milana, Beth Barto, Linda Atwell, Targelia Penafiel, Herlinda Castillo Anthony Reo, Gregory Ward, Marie Mate, David Randolph, Fr. Roy Regazpi, Junia Perez & Virginia Hernandez.

### DECEASED RELATIVES AND FRIENDS

Please remember in your prayers our parish, friends and family members who have passed on to the Lord, that they may inherit the promise of everlasting life in heaven.

For this week, we especially remember **Emilia Rumohr, Brenda Rumohr and Delitta Ann Michael.**



## Announcements

### 2020 HOLY WEEK SCHEDULE

#### STATIONS OF THE CROSS

Friday, March 6, 13, 20, 27, April 3  
7:00 pm, Church

#### SACRAMENT OF RECONCILIATION

Saturday, April 4  
1:00-2:00 pm – Individual Confessions  
Wednesday of the Week, April 8  
7:00-8:30 pm – Penance Service  
With Individual Confession

No confessions on Holy Thursday, Good Friday and Holy Saturday

#### HOLY WEEK

**Palm Sunday of the Passion of the Lord**  
Saturday, April 4 at 5:30 pm  
Sunday, April 5 at 7:30 am, 9:00 am, 10:30 am and  
12:00 noon  
Distribution of Palms at all Masses

**Wednesday of the Week, April 8**  
Penance Service with Individual Confession  
7:00-8:30 pm

**Holy Thursday, April 9**  
8:30 am – Morning Prayer  
7:00 pm – Mass of the Lord’s Supper followed by  
Adoration

**Good Friday, April 10**  
8:30 am – Morning Prayer  
2:00 pm – Church Procession around neighborhood  
(Stations of the Cross)  
3:30 pm – Celebration of the Passion  
7:30 pm – CYO Living Stations of the Cross

**Holy Saturday, April 11**  
8:30 am – Morning Prayer/Reflections  
12:00 Noon – Blessing of Food  
8:00 pm – Easter Vigil  
**No Confession/No 5:30 pm Mass**

**Easter Sunday, April 12**  
Masses at 7:30 am, 9:00 am, 10:30 am and 12:00 pm

#### SAVE THE DATE: EASTER EGG HUNT

SATURDAY, APRIL 11, 2020

10:30 am–12:00 Noon

Church Grounds

Rain Location: Lower Church



## Announcements

### LENTEN SERIES SPEAKERS

Fridays, immediate following Stations of the Cross, Church

March 6th—Msgr. John Radano—TBA

March 13th - Fr. John Cryan—“Breaking Open the Signs and Symbols of Holy Week”

March 20th—Msgr. Robert Wister: Changes in the ethnic composition of the Catholic population in the Archdiocese of Newark over the last 50 years.

March 27th—Fr. Colin Kay—“From the Bottom Up: The Cross and the Poor.”

April 3rd—Fr. Brian Muza: “Who are We, Anyway? Knowing and Loving Jesus More Through Better Un-

### ARCHDIOCESE OF NEWARK 2020 LENTEN REGULATIONS

- The days of both Fast and Abstinence during Lent are Ash Wednesday and Good Friday. If possible the fast on Good Friday is continued until the Easter Vigil (on Holy Saturday night) as the “paschal fast” to honor the suffering and death of the Lord Jesus, and to prepare ourselves to share more fully and to celebrate more readily His Resurrection. The other Fridays of Lent are days of Abstinence.  
On a day of Fast, only one (1) full meal is permitted **and two (2) smaller meals, which, if added together, would not exceed the main meal in quantity.**  
Those between the ages of **18 and 59** are obliged to fast.  
On the day of Abstinence, no meat may be eaten. Those who have reached the age of 14 are obligated by the law of abstinence.
- The obligation to observe the law of Fast and Abstinence “substantially”, or as a whole, is a serious obligation.
- The Fridays of the year, outside of Lent, are designated as days of penance, but each individual may substitute for traditional abstinence from meat some other practice of voluntary self-denial as penance.
- The time for fulfilling the Pascal Precept (Easter Duty\*) extends from the **First Sunday of Lent, March 1, 2020 to The Solemnity of the Most Holy Trinity, June 7, 2020**

\*Canon 920, 1. All faithful, after they have been initiated into the Most Holy Eucharist, are bound by the obligation of receiving Communion at least once a year.

### SAVE THE DATE: 2ND DANCE FOR A CAUSE

SUNDAY, APRIL 26, 2020

4:00 - 8:00 pm

\$30 per person, includes food and drinks

Music provided by: DJ Dano Lumanog

For more information, please contact:

Angie Zoleta—908-265-2701

Resy Milora-Dilag —908-416-2732

